

Celebrating...

March 21

world / ontario
DOWN SYNDROME day





Like all children, those with Down syndrome go to school, learn all subjects, join sports/arts and develop great relationships;

Experience is proving that with early family & educational support, a student with Down syndrome has unlimited learning ability;

Support, Patience and Expectation of achievement are necessary for students with Down syndrome to succeed;

The theme for 2022, #InclusionMeans, suggests that together we can empower people around the world to advocate for full inclusion in society for people with Down syndrome and for everyone:

All people with Down syndrome should have full participation in decision making about matters relating to or affecting their lives;

Students with Down syndrome are valuable members of the classroom both with their insight and ability to teach others that diversity should be celebrated.





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Down syndrome occurs naturally in about 1 per 800 births, evenly among boys and girls, across all races and socioeconomical classes;

Down syndrome is the most common chromosomal condition. The exact cause is still unknown;

Down syndrome was named after the English doctor, John Langdon Down, who was the first to categorize the common features of people with this condition;

A person with Down syndrome is a person first and should be referred to as a person, not as a DOWNS person (eg, the "student with Downs" instead of a "DOWNS student");

World Down Syndrome Day (WDSD), March 21st, is a global day of awareness, officially observed by the United Nations since 2012;

Bill 182, enacted in 2016 by the Legislative Assembly of Ontario, officially proclaims every March 21st as Ontario Down Syndrome Day (ODSD).

