



A Letter to the New Family

To the new family,

Congratulations on the birth of your baby! The families of The Down Syndrome Association of York Region want you to know that you are not alone. We have all been where you are right now. We know the overwhelming emotion you may be feeling having been told that your baby has Down syndrome. We also know that this child will bring you many joys in his or her life. He or she will show you compassion for others, pride in accomplishments and great determination amongst other things. He or she will change your life in more ways than you ever thought imaginable.

Please know that we are here for you – to offer support, education and friendships – whenever you need it. We are a large family-based group with members from throughout York Region. Wherever you may live, we have members who are willing to support you.

We have a wonderful group and can offer a large lending library, family activities, baby get-togethers, educational opportunities, a website, and of course, a lot of support to families.

That little baby that you have is a unique and precious gift, just like any baby, and we feel that it is important to remember that he or she is a baby first. Please contact us anytime with questions, concerns or comments.

Thank you and congratulations.



**DOWN SYNDROME
ASSOCIATION**
OF YORK REGION

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